

# *Better Breathing*

*An Educational Series for the Community*

*Presented by Munson Medical Center Community Education  
via REMEC TeleHealth Network (May/June 2010)*

|                |   |
|----------------|---|
| <b>May 3</b>   | <b>Lung Anatomy &amp; Physiology</b>  |
| <b>May 10</b>  | <b>Know Your Medications</b>  |
| <b>May 17</b>  | <b>Breathing Devices &amp; Exercise; Pulmonary Hygiene;<br/>Travel Tips</b> |
| <b>May 24</b>  | <b>Panic Control, Stress &amp; Relaxation</b>                               |
| <b>May 30</b>  | <b>No Class – Memorial Day</b>  |
| <b>June 7</b>  | <b>Psychological Aspects of Chronic Illness; Intimacy</b>                   |
| <b>June 14</b> | <b>Nutrition &amp; Lung Disease</b>   |
| <b>June 21</b> | <b>Building Strength &amp; Endurance</b>                                    |
| <b>June 28</b> | <b>Energy Conservation</b>  |

**Time:** 1:30 pm – 3:00 pm

**Cost:** No Charge for REMEC Member sites  
There is a charge for Non-REMEC Member sites,  
Contact REMEC at 231-935-7944 for details

*For information and to register:  
Call Karen Kain, Respiratory Care at 231-935-6736*

*Confirm broadcast with your hospital & site contact listed below*

***Munson Locations:***  
MCHC Classrooms A & B

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

Michigan State University-School of Human Medicine, Michigan  
Center for Rural Health and  
Geriatric Education Center of Michigan Present:  
**Geriatric Grand Rounds**  
via *The REMEC TeleHealth Network*

**Topic:** Chronic Pain Management  
**Speaker:** Mark Andary, MD, MS  
**Date:** Wednesday, May 5, 2010  
**Time:** 12:00 Noon - 1:00 PM  
**Audience:** General Medical Staff, Nurses & Social Workers

**Objectives:**

1. Identify some of the common problems causing chronic pain in the elderly.
2. Identify functional goals for geriatric chronic pain patients.
3. Review basic medication strategies in the management of chronic pain.



**Accreditation Statement:** CME: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Michigan State University College of Human Medicine, Michigan Center for Rural Health, and Geriatric Education Center of Michigan. The Michigan State University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Michigan State University designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Social Workers: This course is approved by the Michigan Social Work Continuing Education Collaborative for one continuing education credit. Approval #022510-13

**MNA:** Michigan State University College of Nursing (OH-294, 81409) is an approved provider of continuing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



**Faculty Disclosures will be made prior to the start of these activities**

**CONTACT MCRH @ 517-355-8250 or visit**  
**www.mcrh.msu.edu**  
***For Objectives and Program Information***

Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.

**Munson Locations:**  
**MMC REMEC D6 Classroom and MCHC Classrooms A & B**  
***Contact REMEC at 231-935-7944***

**For participation at all other sites:**  
Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# Diabetes & Your Heart

**Tuesday, May 11, 2010**

**6:30 – 7:30 PM**

*Presented live via the REMEC TeleHealth Network from:*

**Munson Medical Center**

**1105 Sixth Street**

**Conference Rooms 1- 3, Basement Level**

Join Dr. Roberto Corpus for an informative discussion on diabetes and heart disease. He will discuss how diabetes can affect the heart, as well as information on peripheral arterial disease.

A question and answer period will follow the presentation.

Dr. Corpus is a cardiologist in private practice at Great Lakes Cardiology in Traverse City.

**No Fee (Free!)**

**No Registration required**

For more program information call Munson's Diabetes Education Dept. at (231) 935-8200 or (800) 809-8127

**Munson Medical Center Location:**  
Conference Rooms 1 – 3, Basement Level

***For participation at all other sites:***

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_



 **MUNSON HEALTHCARE**  
*Your Health... Our Mission*

**Michigan Center for Rural Health,  
Ferris State University College of Pharmacy,  
Michigan Pharmacists Association and  
Marquette General Health System Present:**  
**Pharmacy Grand Rounds**  
*via REMEC TeleHealth Network*

**Topic:** Insomnia: Considerations for Treatment  
**Speaker:** Renee Koski, FMPA, CACP  
Professor of Pharmacy, FSU  
**Date:** Thursday, May 13, 2010  
**Time:** 12:00 PM - 1:00 PM, EST  
**Audience:** Pharmacists and General Medical Staff



**Objectives:**

1. Define Insomnia.
2. List the current treatment options and explain their role in the treatment of insomnia.
3. Describe advantages of current pharmacological treatment options for insomnia.

**Accreditation Statement:** This program is approved by the State of Michigan Board of Pharmacy for one hour. #539090033

**CONTACT MCRH @ 517-355-8250 or visit**  
**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**  
***For Program Information***

**Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website. Click on the *Grand Rounds* tab.**

***Munson Medical Center Location:***  
**MMC, REMEC D6 Conference Room**  
***Contact REMEC at 231-935-7944***

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_



Munson Healthcare  
Community Health Library

# Organic Food: Is It Really Better?

Laura McCain, Dietitian



**Tuesday**  
**May 11, 2010**

**Noon – 1:30 pm**

*Presented live via the REMEC  
TeleHealth Network from*  
**Munson Community Health  
Center (MCHC) Classrooms A & B**  
**550 Munson Avenue**  
**Ground Floor**  
**Traverse City, MI 49684**



## **Organically Grown Foods**

In celebration of National Nutrition Month, bring your sack lunch and join us to learn about how to eat healthy on a budget. Many of us want to eat healthy but often don't know how we can do it on a limited budget. We tend to feed our families lots of filling, less expensive foods that may not be the healthiest choices.

## **Laura McCain, Registered Dietitian**

Laura McCain, Munson dietitian, will present a community program discussing tips on making healthy food choices for your family that are also inexpensive. Learn ways to provide healthy meals and stay within your food budget.

**Open to the public**  
**Free of charge.**

***Registration is required for participants  
attending at MCHC***

***To register for participation at Munson Community Health Center:***  
Call Munson Community Health Library at 231-935-9265

**For participation at all other sites:**  
Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

The Michigan Center for Rural Health and  
the MSU College of Nursing Present:  
**Hospice & Nutrition at End of Life**  
*via the REMEC TeleHealth Network*

**Topic:** Hospice & Nutrition at End of Life

**Speaker:** Jennifer Winegarden, DO

**Date:** Thursday, May 20, 2010

**Time:** 12:00 Noon - 1:00 PM

*(Please feel free to bring your own lunch)*



**Objectives:**

1. Explain changes that occur in the diet of a seriously ill or dying patient.
2. Discuss strategies to help a patient increase their dietary intake.
3. Identify ways that decreased oral intake actually benefits the seriously ill or dying patient.

**Accreditation:** Participants who attend the entire session and complete an evaluation form will receive a certificate for 1.0 contact hours. Michigan State University College of Nursing (OH-294, 081409) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**CONTACT MCRH @ 517-355-8250 or visit**

**[www.mcrh.msu.edu](http://www.mcrh.msu.edu)**

***For Program Information***

**Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.**

***Munson Medical Center Location:***

**MMC, REMEC D6 and MCHC Classrooms A & B**

***Contact REMEC at 231-935-7944***

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_



## PRE-HOSPITAL TRAUMA CONFERENCE

Continuing pre-hospital education is vital to improving patient outcome and provides an excellent opportunity to review and refine patient pre-hospital care initiatives. The Trauma Burn Pre-Hospital Trauma Conference is designed to meet the educational objectives of pre-hospital and hospital personnel. This quarterly free conference is targeted statewide to all pre-hospital and hospital healthcare providers including RN's, EMT's, Paramedics, Firefighters, and First-Responders. Topics are presented by experts in the fields of trauma and burns, injury prevention, workplace safety, and emergency medicine.

**Date:** Tuesday, May 25, 2010  
**Time:** 8:45 am – 12:00 Noon  
**Topic:** Airway

### Schedule for May 25, 2010 Pre-Hospital Trauma Conference: Airway

- 8:45 – 9:45**      **Airway control in the trauma patient**  
*Discussion of techniques for airway management in trauma patients*  
Christopher Wagner, Trauma Program Manager  
UMHS
- 9:45 – 10:45**      **Pediatric airway assessment and management**  
*Discussion of airway assessment and management in the injured child*  
Michele Carney, MD, Assistant Professor of Emergency Medicine, UMHS Pediatric Emergency Dept.
- 10:45 – 11:00**      **Break**
- 11:00 – 12:00**      **Optical and video laryngoscopy**  
*Overview of the use of optical and video laryngoscopy in EMS and the ED*  
Benjamin Tung, Flight Nurse Specialist, Survival Flight, UMHS

\*University of Michigan Health System's Educational Services for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3.0 contact hours will be provided.

Continuing educational credits for EMT's (1 CEU per hour) have been approved by the State of Michigan.

#### **Upcoming Dates & Focus**

**Tuesday, August 10, 2010 – Burns**

**Tuesday, November 9, 2010 – Pediatric Trauma**

**Participants are responsible for printing their own program materials.**  
**Once available, they will be posted on the REMEC web site at the following address:**  
**<http://www.remectelehealth.com/UofMPreHospitalTrauma.htm>**

***Munson Medical Center Location:***  
**REMEC D6 Annex**  
**Contact REMEC at 231-935-7944 for directions**

#### **For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# Advanced Ethics Mentor Education Course

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Speakers:

Michael McManus  
M.D., MA.

Jane Dinnen  
BA, RN.

Judith Murray  
BSN, RN.

Michelle Witkop,  
MSN, RN, CS



Each  
Session

Credited  
1.0 CEU

**Dates to remember:**

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**May 25<sup>th</sup>**

**Time: 12:00 Noon- 1:00 PM**

**Munson Medical Center Location:**

REMEC Classroom – Basement Pavilion Area

**Participants must self-enroll in each session  
through their HealthStream account.**

**For participation at all other sites:**

Register with the site coordinator at your Facility to confirm program  
availability in your area. \_\_\_\_\_

**Prerequisites: Ethic Mentor Education Unit 1 – 5**

This educational activity is provided by Munson Medical Center (the provider unit of the Munson Healthcare System). Munson Medical Center is an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.



**NORTHERN MICHIGAN PRIMARY CARE  
EVIDENCE-BASED MEDICINE REVIEW**  
*Live via the REMEC TeleHealth Network from*  
**MUNSON FAMILY PRACTICE CLINIC CLASSROOM**

**TOPIC**                    **Review and Critique of Studies on Musculoskeletal Disease**

**SPEAKER**            **Nathan March, D.O., Family Practice Medicine**

**DATE**                    **Wednesday, May 26, 2010**

**TIME**                    **7:00AM – 8:00AM**

**LEARNER OBJECTIVES**

- 1. Review up-to-date practice guidelines on a variety of topics that are pertinent to primary care.**
- 2. To improve physician skill at applying the principles of evidence-based medicine.**
- 3. To improve physician knowledge and improve patient outcomes.**

**TARGET AUDIENCE**

Primary Care Providers

**COMMERCIAL DISCLOSURE**

**FACULTY DISCLOSURE**

Current ACCME guidelines state that participation in CME Activities should be made aware of any affiliations or financial interest that may affect the speaker's presentation. Disclosures will be announced prior to this presentation.

**CME ACCREDITATION**

**AOA:** Munson Medical Center is an accredited AOA sponsor. This activity will be submitted to the American Osteopathic Association-Division of Continuing Medical Education. Assignment of credit will be awarded pending approval of the AOA-CME.

**AMA:** Munson Medical Center is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians. Munson Medical Center designates these educational activities for a maximum of 1 "AMA PRA Category 1 Credit <sup>TM</sup>" each. Physicians should claim credit commensurate with the extent of their participation in the activity.

**AAFP:** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending

**COURSE DIRECTOR**

**Joseph Cook, D.O.**  
**231-935-8013**

**CME OFFICE**

**Sandra Somers, RN, CME Coordinator**  
**231-935-6546**

***Munson Locations:***

Munson Family Practice Center and MMC REMEC South 6 Conference Room

**For participation at all other sites:**

Contact the site coordinator at your Facility to confirm program availability in your area. \_\_\_\_\_

# May 2010 Cardiac Imaging Conference

May 5, 2010

May 12, 2010

May 19, 2010

May 26, 2010

**HOST LOCATION: Munson Medical Center, REMEC Classroom**

**WEDNESDAYS**

**TIME: 12:00 Noon – 1:30 PM**

**COURSE DIRECTORS:** Kevin Clayton, DO

**PLANNING COMMITTEE:** Disclosure Declarations are on file in the CME Office.

**FACULTY DISCLOSURE:** Disclosure Declarations and Conflicts will be reported prior to the start of each CME activity.

**TARGET AUDIENCE IS RESTRICTED:** Cardiothoracic Surgeons, Cardiologist and Medical Staff working with the Cardia Cath Lab

**CASE SUBMISSIONS:** Paul Koss, MMC Cardiac Cath Lab at 231-935-6365

**TEACHING METHOD:** Case presentation followed by small group discussion.

## ***Munson Locations:***

Munson Medical Center, REMEC Classroom, Basement Pavilion Area

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

### **ACCREDITATION – DESIGNATION STATEMENT**

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**CME OFFICE:** Sandra Somers, RN, CME Coordinator / 231-935-6546 - Tammie Budrow, Department Assistant / 231-935-2953

Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684

# 2010 Orthopaedic Grand Rounds

March 3, 2010

Location: REMEC D6

April – No Conference

May 5, 2010

Location: REMEC Classroom (Pavilion Area)

June 2, 2010

Location: REMEC Classroom (Pavilion Area)

July – No Conference

August 4, 2010

Location: REMEC Classroom (Pavilion Area)

September 1, 2010

Location: REMEC Classroom (Pavilion Area)

October 6, 2010

Location: REMEC Classroom (Pavilion Area)

November 3, 2010

Location: REMEC Classroom (Pavilion Area)

December 1, 2010

Location: REMEC Classroom (Pavilion Area)

**1<sup>st</sup> WEDNESDAY OF THE MONTH**

**TIME: 7:00 AM – 8:00 AM**

**PROGRAM OBJECTIVE:** This Grand Rounds Series is an educational tool that is used to link CME with clinical performance improvement throughout the region with this, areas, orthopaedic surgeons and their physician extenders. These CME activities continuously allow surgeons to assess gaps between ideal standards and their own practices. Our goal is to bring these surgeons together from various practices across northern Michigan to discuss clinical cases, recommendations are intended to improve clinical practice, acknowledge that all treatment options were considered and include advice from peers that have sound clinical application based upon experience, learning from each other about best practices, new techniques and procedures, and research

**PLANNING COMMITTEE:** Disclosure Declarations are on file in the CME Office.

**CO-COURSE DIRECTORS:** Brent Wiersma, DO, Andrew Boyce, DO & Scott Groseclose, MD  
Committee John Bruder, MD, Medical Director, General Orthopedics and Robin Graham, RN Orthopedic Outreach and CME Activity Coordinator

**FACULTY DISCLOSURE:** Participants have completed Disclosure Declarations and Conflicts will be reported prior to the start of each CME activity.

**TARGET AUDIENCE IS RESTRICTED:** This program is restricted to Orthopaedic Surgeons, invited Physician Extenders and invited guests from restricted sites.

**CASE SUBMISSIONS:** Cases/research should be submitted one week prior to presentation date(s). Please contact Robin Graham at (231) 935-6723.

**TEACHING METHOD:** Clinical Case presentation followed by small group discussion.

## ***Munson Locations:***

See Above for Room Location at Munson Medical Center

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

### **ACCREDITATION – DESIGNATION STATEMENT**

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Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684

# May 2010 Tuesday Grand Rounds

**May 4, 2010**

**TOPIC:** *“Interdisciplinary Approach to Rehabilitation”*

**SPEAKER:** Kimberly B. Augenstein, MD, Physical Medicine, Munson Medical Center  
Paul E. Callahan, PhD, Physical Medicine, Munson Medical Center  
James C. Frick, PA, Physical Medicine, Munson Medical Center  
Cynthia L. Klinefelter, RN, Registered Nurse, Munson Medical Center

**May 11, 2010**

**TOPIC:** *“Business Case for the Chronic Care Model “*

**SPEAKER:** N. Michigan Diabetes Initiative

**May 18, 2010**

**TOPIC:** *“Current Case Discussions on Autopsy, Soft Tissue Tumors, and Mixing Studies”*

**SPEAKER:** Kyle A. Carr, MD  
Pathology, Munson Medical Center

**May 25, 2010**

**TOPIC:** *“Food Poisoning/Hand Hygiene”*

**SPEAKER:** Kyle A. Carr, MD  
Pathology, Munson Medical Center

**TIME:** Luncheon (*At Munson Medical Center Only*), 12:00 PM

**Educational Presentation:** 12:30 – 1:30 PM

**HOST LOCATION:** Munson Medical Center, Conference Center, Lower Level

**COURSE DIRECTOR:** Kyle Karr, M.D.

## ***Munson Locations:***

MMC, Conference Center, Lower Level

*For participation at MCHC, please contact REMEC at 57944*

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

### **ACCREDITATION**

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**AAFP:** Application for CME credit will be filed with the American Academy of Family Physicians for Friday Medical Conference, Primary Care Journal EBM Series and Tuesday Grand Rounds. Determination of credit is pending.

**CME OFFICE:** Sandra Somers, RN, CME Coordinator / 231-935-6546 - Tammie Budrow, Department Assistant / 231-935-2953

**Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684**

# May 2010 Friday Medical Conferences

**May 7, 2010**

**TOPIC:** *“Back Pain”*  
**SPEAKER:** Munson Spine and Pain Clinic

**May 14, 2010**

**TOPIC:** *“Health Care Reporting and Patient Satisfaction”*  
**SPEAKER:** Heidi Gustine  
Director, Strategy & Planning  
Munson Medical Center

**May 21, 2010**

**TOPIC:** *“Intravenous Immune Globulin - IVIG”*  
**SPEAKER:** Carl B. Lauter, MD, FACP  
Allergy  
William Beaumont Hospital

**May 28, 2010**

**THERE WILL BE NO CONFERENCE DUE TO MEMORIAL WEEKEND HOLIDAY**

**TIME:** Luncheon (*At Munson Medical Center Only*), 12:00 PM

**Educational Presentation:** 12:30 – 1:30 PM

**HOST LOCATION:** Munson Medical Center, Conference Center, Lower Level

**COURSE DIRECTORS:** Charles J. Gwizdala, M.D. and Daniel M. Navin, M.D.

## ***Munson Locations:***

MMC, Conference Center, Lower Level, MCHC, Classrooms A & B

*For participation at MCHC, please contact REMEC at 57944*

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

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**CME OFFICE:** Sandra Somers, RN, CME Coordinator / 231-935-6546 - Tammie Budrow, Department Assistant / 231-935-2953

**Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684**

# 2010 Vascular Conference

January 20, 2010

February 17, 2010

March 17, 2010

April 21, 2010

May 19, 2010

June – No Conference

July – No Conference

August - No Conference

September 15, 2010

October 20, 2010

November 17, 2010

December 15, 2010

**3<sup>rd</sup> WEDNESDAY OF THE MONTH**

**TIME: 7:00 AM – 8:00 AM**

**MUNSON LOCATION: REMEC D6 Conference Room**

**COURSE DIRECTOR: Michelle Lung, M.D.**

**PROGRAM OBJECTIVE:** To link national standards of care and current clinical outcomes through education and discussion of options for Vascular Surgery, Endovascular Care and/or non-invasive management of Vascular Cases.

**FACULTY DISCLOSURE:** Disclosures will be made prior to the start of all CME Accredited Activities.

**TARGET AUDIENCE IS RESTRICTED:** Interventional Radiologists, General & Vascular Surgeons, Cardiothoracic Surgeons, Invited PA's and Guests.

**CASE SUBMISSIONS:** Cases should be submitted at least one-week prior to presentation date(s). Please contact Michelle Lung, M.D. in Radiology.

**TEACHING METHOD:** Case presentation followed by small group discussion.

## ***Munson Locations:***

MMC, REMEC D6 Conference Room

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

### **ACCREDITATION – DESIGNATION STATEMENT**

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**CME OFFICE:** Sandra Somers, RN, CME Coordinator / 231-935-6546 - Tammie Budrow, Department Assistant / 231-935-2953

Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684

# 2010 Tumor Board Conference

**EVERY FRIDAY**

**TIME: 7:30 AM – 8:30 AM**

**MUNSON LOCATION: REMEC Classroom**

**COURSE DIRECTOR: Michael Aja, M.D.**

**PROGRAM OBJECTIVE:** To provide participants with the most recently validated treatment and management regimens practiced by the oncologic physician diagnostic and treatment group.

**FACULTY DISCLOSURE:** Disclosures will be made prior to the start of all CME Accredited Activities.

**TARGET AUDIENCE IS RESTRICTED:** This program is restricted to all medical staff involved in the care of cases being discussed.

**CASE SUBMISSIONS:** Cases should be submitted one week prior to presentation date(s). Please contact Mary Drog, Tumor Registry at (231) 935-6376.

**TEACHING METHOD:** Case presentation followed by small group discussion.

## ***Munson Locations:***

MMC, REMEC Classroom – Basement Pavilion Area

## **For participation at all other REMEC sites:**

Contact the site coordinator at your facility to confirm program availability in your area. \_\_\_\_\_

### **ACCREDITATION – DESIGNATION STATEMENT**

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**CME OFFICE:** Sandra Somers, RN, CME Coordinator / 231-935-6546 - Tammie Budrow, Department Assistant / 231-935-2953

**Sponsored by: Munson Medical Center, 1105 Sixth Street, Traverse City, MI 49684**