

Better Breathing

An Educational Series for the Community

*Presented by Munson Medical Center Community Education
via REMEC TeleHealth Network (May/June 2010)*

May 3	Lung Anatomy & Physiology
May 10	Know Your Medications
May 17	Breathing Devices & Exercise; Pulmonary Hygiene; Travel Tips
May 24	Panic Control, Stress & Relaxation
May 30	No Class – Memorial Day
June 7	Psychological Aspects of Chronic Illness; Intimacy
June 14	Nutrition & Lung Disease
June 21	Building Strength & Endurance
June 28	Energy Conservation

Time: 1:30 pm – 3:00 pm

Cost: No Charge for REMEC Member sites
There is a charge for Non-REMEC Member sites,
Contact REMEC at 231-935-7944 for details

*For information and to register:
Call Karen Kain, Respiratory Care at 231-935-6736*

Confirm broadcast with your hospital & site contact listed below

Munson Locations:
MCHC Classrooms A & B

For participation at all other sites:

Contact the site coordinator at your Facility to confirm program availability in your area. _____

Michigan State University-School of Human Medicine, Michigan
Center for Rural Health and
Geriatric Education Center of Michigan Present:
Geriatric Grand Rounds
via *The REMEC TeleHealth Network*

Topic: Chronic Pain Management
Speaker: Mark Andary, MD, MS
Date: Wednesday, May 5, 2010
Time: 12:00 Noon - 1:00 PM
Audience: General Medical Staff, Nurses & Social Workers

Objectives:

1. Identify some of the common problems causing chronic pain in the elderly.
2. Identify functional goals for geriatric chronic pain patients.
3. Review basic medication strategies in the management of chronic pain.



Accreditation Statement: CME: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Michigan State University College of Human Medicine, Michigan Center for Rural Health, and Geriatric Education Center of Michigan. The Michigan State University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Michigan State University designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Social Workers: This course is approved by the Michigan Social Work Continuing Education Collaborative for one continuing education credit. Approval #022510-13

MNA: Michigan State University College of Nursing (OH-294, 81409) is an approved provider of continuing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Faculty Disclosures will be made prior to the start of these activities

CONTACT MCRH @ 517-355-8250 or visit
www.mcrh.msu.edu
For Objectives and Program Information

Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.

Munson Locations:
MMC REMEC D6 Classroom and MCHC Classrooms A & B
Contact REMEC at 231-935-7944

For participation at all other sites:
Contact the site coordinator at your Facility to confirm program availability in your area. _____

Diabetes & Your Heart

Tuesday, May 11, 2010

6:30 – 7:30 PM

Presented live via the REMEC TeleHealth Network from:

Munson Medical Center

1105 Sixth Street

Conference Rooms 1- 3, Basement Level

Join Dr. Roberto Corpus for an informative discussion on diabetes and heart disease. He will discuss how diabetes can affect the heart, as well as information on peripheral arterial disease.

A question and answer period will follow the presentation.

Dr. Corpus is a cardiologist in private practice at Great Lakes Cardiology in Traverse City.

No Fee (Free!)

No Registration required

For more program information call Munson's Diabetes Education Dept. at (231) 935-8200 or (800) 809-8127

Munson Medical Center Location:
Conference Rooms 1 – 3, Basement Level

For participation at all other sites:

Contact the site coordinator at your Facility to confirm program availability in your area. _____



 **MUNSON HEALTHCARE**
Your Health... Our Mission

**Michigan Center for Rural Health,
Ferris State University College of Pharmacy,
Michigan Pharmacists Association and
Marquette General Health System Present:**
Pharmacy Grand Rounds
via REMEC TeleHealth Network

Topic: Insomnia: Considerations for Treatment
Speaker: Renee Koski, FMPA, CACP
Professor of Pharmacy, FSU
Date: Thursday, May 13, 2010
Time: 12:00 PM - 1:00 PM, EST
Audience: Pharmacists and General Medical Staff



Objectives:

1. Define Insomnia.
2. List the current treatment options and explain their role in the treatment of insomnia.
3. Describe advantages of current pharmacological treatment options for insomnia.

Accreditation Statement: This program is approved by the State of Michigan Board of Pharmacy for one hour. #539090033

CONTACT MCRH @ 517-355-8250 or visit
www.mcrh.msu.edu
For Program Information

Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website. Click on the *Grand Rounds* tab.

Munson Medical Center Location:
MMC, REMEC D6 Conference Room
Contact REMEC at 231-935-7944

For participation at all other sites:

Contact the site coordinator at your Facility to confirm program availability in your area. _____



Munson Healthcare
Community Health Library

Organic Food: Is It Really Better?

Laura McCain, Dietitian



Tuesday
May 11, 2010

Noon – 1:30 pm

*Presented live via the REMEC
TeleHealth Network from*
**Munson Community Health
Center (MCHC) Classrooms A & B**
550 Munson Avenue
Ground Floor
Traverse City, MI 49684



Organically Grown Foods

In celebration of National Nutrition Month, bring your sack lunch and join us to learn about how to eat healthy on a budget. Many of us want to eat healthy but often don't know how we can do it on a limited budget. We tend to feed our families lots of filling, less expensive foods that may not be the healthiest choices.

Laura McCain, Registered Dietitian

Laura McCain, Munson dietitian, will present a community program discussing tips on making healthy food choices for your family that are also inexpensive. Learn ways to provide healthy meals and stay within your food budget.

Open to the public
Free of charge.

***Registration is required for participants
attending at MCHC***

To register for participation at Munson Community Health Center:
Call Munson Community Health Library at 231-935-9265

For participation at all other sites:
Contact the site coordinator at your Facility to confirm program availability in your area. _____

The Michigan Center for Rural Health and
the MSU College of Nursing Present:
Hospice & Nutrition at End of Life
via the REMEC TeleHealth Network

Topic: Hospice & Nutrition at End of Life

Speaker: Jennifer Winegarden, DO

Date: Thursday, May 20, 2010

Time: 12:00 Noon - 1:00 PM

(Please feel free to bring your own lunch)



Objectives:

1. Explain changes that occur in the diet of a seriously ill or dying patient.
2. Discuss strategies to help a patient increase their dietary intake.
3. Identify ways that decreased oral intake actually benefits the seriously ill or dying patient.

Accreditation: Participants who attend the entire session and complete an evaluation form will receive a certificate for 1.0 contact hours. Michigan State University College of Nursing (OH-294, 081409) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTACT MCRH @ 517-355-8250 or visit

www.mcrh.msu.edu

For Program Information

Sign-in sheets, program evaluations & any available handouts will be posted 2-3 days prior to the program at the above website.

Munson Medical Center Location:

MMC, REMEC D6 and MCHC Classrooms A & B

Contact REMEC at 231-935-7944

For participation at all other sites:

Contact the site coordinator at your Facility to confirm program availability in your area. _____



PRE-HOSPITAL TRAUMA CONFERENCE

Continuing pre-hospital education is vital to improving patient outcome and provides an excellent opportunity to review and refine patient pre-hospital care initiatives. The Trauma Burn Pre-Hospital Trauma Conference is designed to meet the educational objectives of pre-hospital and hospital personnel. This quarterly free conference is targeted statewide to all pre-hospital and hospital healthcare providers including RN's, EMT's, Paramedics, Firefighters, and First-Responders. Topics are presented by experts in the fields of trauma and burns, injury prevention, workplace safety, and emergency medicine.

Date: Tuesday, May 25, 2010
Time: 8:45 am – 12:00 Noon
Topic: Airway

Schedule for May 25, 2010 Pre-Hospital Trauma Conference: Airway

- 8:45 – 9:45** **Airway control in the trauma patient**
Discussion of techniques for airway management in trauma patients
Christopher Wagner, Trauma Program Manager
UMHS
- 9:45 – 10:45** **Pediatric airway assessment and management**
Discussion of airway assessment and management in the injured child
Michele Carney, MD, Assistant Professor of Emergency Medicine, UMHS Pediatric Emergency Dept.
- 10:45 – 11:00** **Break**
- 11:00 – 12:00** **Optical and video laryngoscopy**
Overview of the use of optical and video laryngoscopy in EMS and the ED
Benjamin Tung, Flight Nurse Specialist, Survival Flight, UMHS

*University of Michigan Health System's Educational Services for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 3.0 contact hours will be provided.

Continuing educational credits for EMT's (1 CEU per hour) have been approved by the State of Michigan.

Upcoming Dates & Focus

Tuesday, August 10, 2010 – Burns

Tuesday, November 9, 2010 – Pediatric Trauma

Participants are responsible for printing their own program materials.
Once available, they will be posted on the REMEC web site at the following address:
<http://www.remectelehealth.com/UofMPreHospitalTrauma.htm>

Munson Medical Center Location:
REMEC D6 Annex
Contact REMEC at 231-935-7944 for directions

For participation at all other sites:

Contact the site coordinator at your Facility to confirm program availability in your area. _____

Advanced Ethics Mentor Education Course

Speakers:

Michael McManus
M.D., MA.

Jane Dinnen
BA, RN.

Judith Murray
BSN, RN.

Michelle Witkop,
MSN, RN, CS



Each
Session

Credited
1.0 CEU

Dates to remember:

May 25th

Time: 12:00 Noon- 1:00 PM

Munson Medical Center Location:

REMEC Classroom – Basement Pavilion Area

**Participants must self-enroll in each session
through their HealthStream account.**

For participation at all other sites:

Register with the site coordinator at your Facility to confirm program
availability in your area. _____

Prerequisites: Ethic Mentor Education Unit 1 – 5

This educational activity is provided by Munson Medical Center (the provider unit of the Munson Healthcare System). Munson Medical Center is an approved provider of continuing nursing education by the Michigan Nurses Association, an accredited approver by the American Nurses' Credentialing Center's Commission on Accreditation.